



Worlington Pump

September 2017

OVO Energy Tour of Britain

Friday 8th September

Worlington Village Hall
10am onwards

Stage six of the Tour of Britain will be leaving Newmarket at 10:45am and coming through the village, past the village hall.

Tea, coffee & cakes will be on sale

For more information on the Tour of Britain visit:

www.tourofbritain.co.uk


**TOUR OF
BRITAIN**



MacMillan Coffee Morning



Friday 29th September

Worlington Village Hall
10:30 till 12:30

Donations of cakes and tombola prizes will be gratefully received

Please contact:

Jan Foster 07787 423580
Sandra Eagle 07552 216915

SUE HART

BSc (Hons), S.R.CH, M.Ch.S

20 years' experience with High Risk patients including:

- Diabetics
- Rheumatoid Arthritis
- Peripheral Vascular Disease
- Corns/Callus
- Ingrown Toe Nails
- Thickened Toe Nails
- Gait Analysis/Biomechanics/Orthotics
- Footwear Advice
- Verruca's
- Fungal Infections
- Diabetic Advice and Treatments
- Clinic Appointments

Home visits, Daytime and evening appointments

Home: 01638 555187 Mobile: 07710155409

E-mail: susie.harty@googlemail.com



Suffolk Maids

The Housekeeper Register

Domestic Cleaning & Ironing Service

At Suffolk Maids we maintain a fast growing register of reliable local housekeepers who offer cleaning and ironing services to private homes.

Personal Housekeeper

Unique Security System

Fully Insured

All for less than £9.75 per hour.

For further information please call:

0844 544 9905

or visit our website at:

www.suffolkmaids.co.uk

LBM Plumbing and Heating Luke Monksfield

Fieldview
3 Garrod's End
Chevington
Bury St Edmunds
Suffolk
IP29 5QY

01284 711578 07900 374504



Oil And Gas Boiler Servicing,
Breakdowns & Maintenance.

Oil and Gas Installations.

Gas landlord Certificates.

Gas Safe including LPG

Natural Gas Registered.

Bathrooms, Plan, Design
and Installation.

Fully Insured.

Free no Obligation Quotations and
Honest Advice.



303274

All Saints Church Services September 2017

Sunday 3 rd	11:00 am	Holy Communion
Sunday 10 th	11:00 am	Messy Church (Worlington Village Hall)
	6:30 pm	Evensong
Sunday 17 th	8:00 am	Holy Communion
Sunday 24 th	11:00 am	Harvest Festival

Priest in Charge	Rev. Sandie Barton	01638 720048
Elder	Heath Rosselli	01638 717337
Churchwarden	Mrs Shirley Reeder	01638 716096
Treasurer	Mr Rob Garry	01638 715611

Flowers

Sunday 3 rd	Mrs J. Peachey
Sunday 10 th	Mrs J. Kuziw
Sunday 17 th	Mrs P. Morgan
Sunday 24 th	Harvest Festival

Contacts for the Pump

Val McClure	01638 714336
Doreen Hubbard	01638 712688
Ellen Clowes	01638 712043
ellen.clowes@btinternet.com	

Advertising Rates

£60 per ½ page per annum
£30 per ¼ page per annum

Date for copy for the next edition by: **Friday 22nd September 2017**,
Please send articles to rob@garry.me.uk or ellen.clowes@btinternet.com. Thanks.

THE GREENBOX FIREWOOD CO.

Locally-sourced & sustainable, seasoned firewood delivered to your home. Various sized loads available, please contact Ed Lubbock for details:

07847 812513 edward.lubbock@btinternet.com

-VERY CLEAN-

N.C.S.

CHIMNEY & PLUMBING SERVICES



**YOUR LOCAL CHIMNEY SWEEP
WE'RE FRIENDLY & WE'RE CHEAP**

-BIRDS NESTS REMOVED

-SMOKE PRESSURE TEST

-OIL & GAS BOILERS

-INSECT MESH, POTS, COWLS

-SOLID FUEL,STOVE FITTED

-FLUE
LINERS

- Competitive Prices -

FOR FREE QUOTE CALL ME ON

MOB:07824727277 TEL:(01638)662760

E-MAIL:NCS.NEWMARKET@YAHOO.CO.UK

WWW.ncsnewmarket.co.uk



K R Sheen

**Roofing Services
Mildenhall Suffolk**

- Roof Repairs
- Chimneys
- Guttering
- Leadwork
- Chalk/Flint Wall Specialist

Tel: 01638 510152

Mob: 07867 568225

E-mail: bazsheen@hotmail.com

29 Mulberry Close

Mildenhall

IP28 7LL

CG MOLE CATCHING

From residential gardens to large commercial sites, CG Mole Catching can provide the effective and efficient answer to your mole problem.

Registered with the BTMR, all work is fully insured, please contact Ed Lubbock for details:

07910 019716

edward.lubbock@btinternet.com

Dear Friends

When Lawrence and I first moved into our current home, there were a few things that needed sorting out. There was the revolting pink bathroom suite perfectly complemented by vile green paint on the walls. There were spaghetti-like tangles of wires left over from defunct telephone systems. Lights that were meant to be flush with the ceiling, but which hung down at crazy angles. Then we even added to the problems. A smut appeared on the wall where someone (ok, it was me) thought it would be nice to light a candle. A chair got broken and was put in a corner to await restoration in some imagined future moment of enthusiasm.

Quite early on we sorted out the pink and green bathroom and made a start on the lighting. Then we got busier and other things cropped up. Gradually we have got used to the things that once seemed impossible to live with and here we are 9 years later, happy enough in our imperfect world. Happy that is until the dread day when we hear that someone distinguished wishes to visit (the Bishop for instance, or an elderly aunt). Suddenly our eyes are opened, and we wonder what on earth the impending VIP will think of us. Some things can be hidden away in cupboards, others can be disguised by the strategic rearrangement of furniture, but there's no getting away from the fact that (in the words of the old prayer book) 'we have left undone those things which we ought to have done, and we have done those things which we ought not to have done – and there is no health in us.'

What people think of our house isn't really important of course, but it's interesting that I only really notice its flaws when I look at it through the eyes of another. I'm reminded of the words of Robbie Burns 'O wad some Power the giftie gie us, to see oursels as ithers see us!' – written on seeing a fine lady in church with a louse wandering about on her fancy bonnet. What if I were able to see my character through the eyes of another? Certainly I would see some embarrassing flaws (I already know about some of them) and with a bit of luck I might even find out some good things about myself. Above all though, I might find myself less quick to criticize others and less apt to jump to conclusions about them once I had taken a proper look at myself. Or as Jesus said, 'First take the plank out of your own eye, and then you will see better to take the speck of dust from your brother's.'

Love Sandie x

Parish Council Meeting

As many of you will no doubt have heard, outline planning permission has been approved for 125 homes on land at Elms Road, Red Lodge (opposite SP Landscapes). Representatives from Barratt Homes will be present at September's PC meeting (Thursday 7th) to give a short presentation and answer questions/concerns that anyone may have.

Tuesday Coffee Morning

All Saints' Church, Worlington

Tuesday 26th September

10:30am - 12:00pm

*Join us for home-made biscuits
and coffee with friends and neighbours*

Everyone Welcome



Harvest Teas & Flowers

All Saints' Church, Worlington

Sunday 24th September

2:30pm - 4:30pm

With home-made Cakes & Bakes

*An opportunity to see the lovely harvest
arrangements and stay for tea in the lovely
surroundings of our Village Church*



Annual Duck Race

Thank you to everyone who came down to support our annual duck race. The weather was on our side, even if the ducks weren't! Out of a field of 66 ducks, only about 5 managed to dodge the weeds and cross the finish line. Thank you to Heath for rescuing as many as she could, and to Gilbert the dog for rescuing 3 more the following day.

Results: 1st Janet Pollard 2nd Jan Foster 3rd Ruby Foster

All Saints' Church Quiz Night

with Fish & Chip Supper

Friday 13th October

Worlington Village Hall

7.30pm



A great fun evening promised and our resident quizmaster, Brian Cole with sets of questions to set you thinking!

Come along for a good quiz night and enjoy a freshly cooked fish and chip supper, guaranteed to please.

£10 per person, coffee included

Raffle

Please bring your own drinks

Teams of 6 ideal, but we can always make up a team for you.

To book a team and order food, please contact:

Val: 01638 714336 or Linda 01638 515068

By Wednesday 11th October please

Next quiz: Friday 24th November

ARBORICULTURAL AND LANDSCAPE SOLUTIONS

ALL ASPECTS OF TREE SURGERY
SOFT AND HARD LANDSCAPING
MAINTENANCE AND LAWN CARE
DOMESTIC & COMMERCIAL CONTRACTS
FULLY INSURED
NPTC QUALIFIED



GREEN SCENE

CONTACT FOR FREE QUOTATIONS AND ADVICE

01638 515911 / 07866 866880

INFO@GREENSCENETREESURGERY.CO.UK

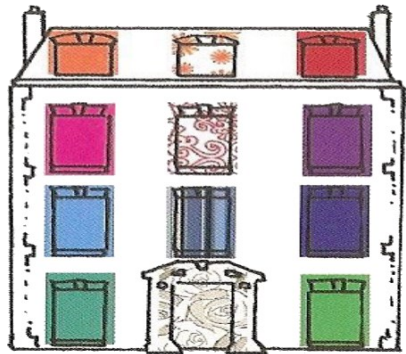


WINDOWS, DOORS & CONSERVATORIES

UPVC Windows & Doors
Conservatories
Cladding
Fascias
Guttering
Family Run Business
20 Years Experience

Call Gary 07889 769131
or 01638 717448

Charles Melrose Close, Mildenhall IP28 7BA



D.J.SHEEN

fine quality decorator

EST 1989

07766 763642

Bird Talk

The swifts in the Church Tower continue to thrive. Out of the 43 boxes 32 had birds in them, which is five more than last year. This is an occupancy rate of 74% so there is still room for even more pairs. Last year Simon Evans, our dedicated ringer, counted 60 chicks but this year he has counted and ringed 68. If we include the likely offspring from the three pairs nesting in holes on the south wall (see below) it is safe to assume at least 70 All Saints chicks, which is great.

Some simple arithmetic tells me that this is 2.2 chicks per box. We have 43 boxes so if we ever achieve 100% occupancy we can anticipate 95 chicks. As it is a church it is not unreasonable to ask for some divine favours so I am daring to hope for 100 by the end of the decade.

Many churches are potentially great places to put swift boxes, either in the tower or under the eaves. Unfortunately there are many misconceptions about swifts (e.g. their droppings make a mess on the walls) and this deters some churches and other people from putting up swift boxes. In an attempt to dispel such concerns and encourage parishes to give homes to swifts we held an open evening for church people on 29th June.

We organised it with the help of a charity called Save Our Suffolk Swifts (SOS) and our long-standing friends at Action for Swifts (AfS). The Dean of The Cathedral, the Very Revd Dr Frances Ward, is a keen conservationist so she kindly came along to lend her support and give the event the official Diocesan seal of approval.

I was expecting a rousing opening speech but instead she imaginatively started by giving us all a quiz about swifts which was great fun, but also showed up our general lack of knowledge. The quiz was won by a local lady who had been to Buckingham Palace earlier in the summer in recognition of her work for swifts and other birds!

About a hundred people turned up and there were excellent illustrated talks from SOS and AfS. The audience was so enthusiastic that the question session went on until 9 PM. Some of this enthusiasm has already been translated into action – St Agnes' and St Mary's in Newmarket are going ahead with a survey and possibly the National Heritage Centre, Palace Street, Newmarket which already has one swift pair in residence.

Despite the late hour people stood around for ages watching the birds putting on their nightly show round the tower. Another reason for the lingering was the superb food produced by Ellen Clowes, which also resulted in a significant and welcome addition to church funds.

All these watching eyes confirmed what I had thought, but not been totally certain about, which is that swifts were nesting in three holes on the south wall of the tower. Earlier in the season starlings had occupied the holes but the swifts took over when they departed.

tel: **01638 711642** | mobile: **07946 527414**
email: contact@blackbirdaccountancy.co.uk
www.blackbirdaccountancy.co.uk



BLACKBIRD
accountancy

Blackbird Accountancy is a very personal accountancy firm. Elizabeth Klingaman provides a confidential account and taxation service to small and medium-sized businesses and private individuals.

Having trouble
with your computer
or devices ?



Campbell's
Computing

Call 07540112801



Thist'le work !

LawnHopper®

Suffolk's lawn treatment service

relax...

let LawnHopper®
treat your lawn

from as little as
£15.00
per treatment

- Slow release fertilizers
- Weed control
- Moss control
- Core aeration
- Machine scarification

for your FREE lawn survey phone

0333 6000 304

'The Grove' Worlington,
Bury St. Edmunds, IP28 8RU.

lawnhopper.co.uk

A knowledgeable onlooker told us that the holes were not due to age, decay or erosion, as I assumed, but had been created when the scaffolding had been removed seven hundred years ago. This raises the intriguing possibility that swifts may have been nesting there for centuries. The holes are called putlogs or putlocks and date back to Roman times.

It is much easier to attract swifts to nest boxes when there are already swifts in the area. There are swifts in Worlington so if anyone would like advice or help with putting up boxes on your own house or barn please Google actionforswifts.blogspot. A member of the AfS team will be happy to give personal advice. If you have not got access to the Internet please give me a call – 713710.

Don MacBean

What's on in Freckenham www.freckenham.onesuffolk.net

Friday 1st September, 7:30pm - Handsome Devil. Ned, the bullied outsider, and Conor, a new boy and star athlete, are forced to room together at their cloistered boarding school. Conor is drafted into the senior rugby team, whose actions dominate school life and whose privilege and entitlement have made Ned's life to date at the school a misery. The boys take an instant and visceral dislike to each other, and Ned and Conor seem destined to remain enemies until an English teacher, Mr Sherry (Andrew Scott), begins to drill into them the value of finding one's own voice. Doors & Bar open 7pm, film 7.30pm. Popcorn, snacks, ice cream & Pimms too!

Tuesday 5th September, 2 - 4pm , Coffee Caravan, East View Car Park. Free cuppa, cake and advice!

Saturday 30th September, 10:00am - 12 noon, Monthly Farmers & Crafts Market. Stalls confirmed are pies, bread, honey, eggs, preserves & pickles, plants and crafts at the market. Cuppa, cakes & bacon rolls too.

Thursday Pilates with Rosie is back from 7th September

Move it or Lose It! is a brand new fitness class coming to a Village Hall near you. Julia Cragie, a local qualified Exercise to Music Instructor is introducing new classes for the first time in our local villages. She is on a mission to keep the over 55's moving by encouraging them to go along to an exercise class with a difference. Please contact Julia on 07542 518470 or julia@jcfit.co.uk if you are interested to join in!



D.G.FIELD ***Property Maintenance Ltd***

Household and Commercial Maintenance

Carpentry Tiling Laminate Flooring Decorating Kitchens fitted

General household fixtures, fittings and repairs

Decking Fencing & Gates Landscaping

Sheds erected/repaired Hedge Cutting Tree pruning

**All interior & exterior home improvements undertaken
Free, no obligation quotations**

No job too small. Phone for friendly & helpful advice

Phone: 01638 712290

Mobile: 07768 793545

(Worlington, Suffolk)

13-15 Oxford Street, Exning, Newmarket, Suffolk, CB8 7EW

Are You Avoiding The Dentist?

You are not alone

British Dental Association says that 25% of our population suffer from some sort of anxiety before visiting dentist

**Intravenous sedation can help you
Do you:**

- Have dental anxiety?
- Have difficulty getting numb?
- Dread your previous bad dental experience?
- Have a bad gas reflux?

Call us today on:

01638 577031

www.olivedentalcare.co.uk

We offer

- Free parking
- Ground floor access
- The latest technology



If you answered "yes" to any of these questions,
Olive Dental Care can help you