



# Worlington Pump

## February 2017

### **Theme for Lent Study Groups for 2017: Life Attitudes – A Study of the Beatitudes**

This series of studies examines a series of Jesus' sayings known as the Beatitudes. These sayings (part of the 'Sermon on the Mount',) in many ways encapsulate his teaching, and Jesus himself lived them out in his earthly life calling his followers to do the same.

These studies encourage us both to examine our own lifestyle in the light of Jesus' radical teaching and to dare to live out kingdom values – here and now. Each session takes a dual approach to studying the Beatitudes, on the one hand deepening our understanding of Jesus whilst challenging our deepest personal values; and on the other helping us understand how these teachings impact on our approach to major global issues, such as environmental pollution and the deep-seated hostilities and injustices that afflict our world.

Studies will be offered at a number of different times and locations across our 4 villages, so that everyone will have a chance to attend. We are also offering a Quiet Day at beautiful Clare Priory where we will be introduced to the theme.

- Session 1 Living Well - Clare Priory Quiet Day, Saturday 4<sup>th</sup> March, 10am-4pm
- Session 2 Living Openly - w/c 6<sup>th</sup> March
- Session 3 Living Purposefully - w/c 13<sup>th</sup> March
- Session 4 Living Lovingly - w/c 20<sup>th</sup> March
- Session 5 Living Differently - w/c 27<sup>th</sup> March

Dates, times and venues of the different groups to be confirmed.

Books to accompany the studies will be made available at a cost of £4.99 – sign up forms for these and the Quiet Day will be available in church during February.



## Dear Friends

As parish priest of 4 busy parishes I couldn't possibly manage without the assistance of a wonderful team of co-workers and ministers of different kinds, some of whom have been faithfully serving here for many years before I arrived, others of whom have arrived on the scene more recently. This month I'd like to introduce David and Caroline Butcher who are a mix of both, having been active leaders in the churches for some years but now beginning a new ministry amongst us having been licensed as 'Readers' or licensed lay ministers last June. David and Caroline write:

*We moved here from the West Country in 1991. In 1995 Caroline's 8-year-old Goddaughter died suddenly. This hugely impacted Caroline largely due to the strength demonstrated by the child's mother who was a close friend and a committed Christian. Determined to find out where this inner strength came from Caroline investigated Christianity by attending an Alpha course and in April 1996 committed her life to Christ.*

In the meantime David was quietly observing a change in Caroline and in November 1996 he also gave his life to Christ. Since that point although their Christian walks have been independent they are also very much linked. Within 12 months David was encouraged to give talks during services and Caroline took an active role in the Children and Youth Ministry. This led to them visiting various Youth and Family Christian Conferences and running a youth group together over the next 10 years.

In 2011 David and Caroline, encouraged by their vicar, signed up to a 12 month course called 'Growing Leaders', to help them to determine whether they had the skills and abilities to consider a leadership role within the church. After much prayer and consideration with close friends and family they began training in 2013 to be Lay Readers, a ministry which particularly focuses on preaching, teaching and pastoral care, and were licensed by the Bishop in June 2016.

Recently Caroline retired and is now very keen to develop her role, which will soon include leading funerals. Her interests include long distance running, Pilates, golf and holidays in the sun; she is also kept busy providing support to her elderly mother. David is currently working as a Safeguarding Advisor, helping to make churches in Suffolk safe places for children and vulnerable adults. His interests include his support of Arsenal FC, playing golf badly and social media. He is keen to develop his ministry and has a particular enthusiasm for pastoral encouragement, particularly the preaching and teaching aspects of the Lay Reader role.

They both delivering services across all 4 parishes of the Lark and Lee Group and also have an active role in the 'Open the Book,' a scheme which enables local people to act out bible stories in school assemblies. If you meet David or Caroline in church or about the parishes, please do give them a warm welcome. We are very lucky to have them as part of our marvellous team.

Sandie

## All Saints Church Services February 2017

Sunday 5 <sup>th</sup>	11:00 am	Holy Communion
Sunday 12 <sup>th</sup>	11:00 am	Messy Church ( <b>Worlington Village Hall</b> ) <b>No Evensong</b>
Sunday 19 <sup>th</sup>	8:00 am	Holy Communion
Sunday 26 <sup>th</sup>	11:00 am	Service of Remembering and Thanksgiving <i>(for the lives of those we have loved and lost)</i>

Priest in Charge	Rev. Sandie Barton	01638 720048
Elder	Heath Rosselli	01638 717337
Churchwarden	Mrs Shirley Reeder	01638 716096
Treasurer	Mr Rob Garry	01638 715611

### Flowers

February - Poinsettias Mrs A. Thornalley

*For anyone who turned up at 11am for the Christingle Service in December instead of 4pm, please accept my apologies, I will try and ensure it does not happen again.*

### Contacts for the Pump

Val McClure	01638 714336
Doreen Hubbard	01638 712688
Ellen Clowes	01638 712043
ellen.clowes@btinternet.com	

### Advertising Rates

£60 per ½ page per annum  
£30 per ¼ page per annum

## Forest Heath Local Plan

Public consultation until Tuesday 21<sup>st</sup> February 2017

Enter your postcode in 'Find my nearest' at [www.westsuffolk.gov.uk](http://www.westsuffolk.gov.uk) or attend any of the drop-in events, there are two remaining:

Thursday 2<sup>nd</sup> February 4-7pm at Red Lodge Sports Pavilion, Hundred Acre Way

Thursday 9<sup>th</sup> February, from 4-7pm at the Brandon Centre, Brandon Library

Go online <http://westsuffolk.jdi-consult.net/localplan> or to request a paper copy by emailing [planning.policy@westsuffolk.gov.uk](mailto:planning.policy@westsuffolk.gov.uk)

Date for copy for the next edition by: **Tuesday 21<sup>st</sup> February 2017.**

Please send articles to [rob@garry.me.uk](mailto:rob@garry.me.uk) or [ellen.clowes@btinternet.com](mailto:ellen.clowes@btinternet.com). Thanks.

## **My tribute to a beloved brother: John Leverington (Bagger)**

John was born in Worlington on 19th March 1936 at Flint House Farm, now known as 15 Freckenham Road, where he spent a very happy childhood.

He attended the village school until 11 years of age and then went on to Mildenhall. He was very popular with the lads in the village and there would often be a group of youngsters waiting to greet him off the school bus. Michael Mortlock called them Bagger's army. It was Michael who gave him the nickname that stayed with him. It came about because of the Baggy shorts he wore whilst playing on the rec, started off as Baggy but quickly resorted to Bagger.

John was always interested in village life, as a youngster he pumped the church organ and together with his pal George Pooley did the daily newspaper round.

On leaving school he went to work on the land for the Thornalley family, a job he absolutely loved. Well known for his ploughing skills he was very derisive of today's satellite aids saying "if I couldn't plough a straight furrow without one of those things I wouldn't bother to do it at all". It was a sad day for him when his working days finished. He was happiest when working in the fields.

Holidays were not for him, we once took the liberty to provisionally book him a cabin on a cruise we were taking as a family, but he would not come. His excuse was that he had been told there were lots of widows on these trips searching for a man and he wasn't going to get caught. The reality was he did not want to leave home.

A talented sportsman he played football for Freckenham, Isleham and Barton Mills and, of course, loved playing cricket for Worlington. When his playing days finished he loved to go along as a spectator and enjoyed his cup of tea and a chat. He also loved to cycle and until failing eyesight stopped him enjoyed a ride around local villages.

John loved the simple things in life, did not seek fame or fortune. His one ambition was to entertain and make people laugh. This I think he achieved in good measure.

I conclude with his own words which I heard him say to the doctor's in Addenbrooke's; "You know I have really loved my life, living in my wonderful village, working on the land and having family and many good friends around me".

Thank you all so much for what you meant to him.

*Mary*

Mary, Clem and family would like to say a very sincere thank you to all who attended John's funeral, for messages of condolence received and for donations in his memory. Donations amounted to £650.00 and have been divided between the church and the cricket club. *Many, many thanks.*



# ***D.G.FIELD***

## ***Property Maintenance Ltd***

**Household and Commercial Maintenance**

Carpentry Tiling Laminate Flooring Decorating Kitchens fitted

General household fixtures, fittings and repairs

Decking Fencing & Gates Landscaping

Sheds erected/repaired Hedge Cutting Tree pruning

**All interior & exterior home improvements undertaken  
Free, no obligation quotations**

No job too small. Phone for friendly & helpful advice

Phone: 01638 712290

Mobile: 07768 793545

**(Worlington, Suffolk)**

### **Worlington Hall Hotel**

Bookings and enquiries 01638 712237

**Tuesday** - Poker night

Just £5 to play register by 7.30pm

**Wednesday** - Midweek Madness

2 courses for just £10.95

**Thursday** - Charity Quiz night.

£2 per person, teams up to 5 people. winning team gets to choose which charity gets the pot!!!

**Friday** - Fish & Steak Night

Free Dessert or Drink with any fish or steak ordered.

**Sundays** - Sunday Roast

£10.95 per head, 12pm - 4pm

### **LBM Plumbing and Heating Luke Monksfield**

Fieldview

3 Garrod's End

Chevington

Bury St Edmunds

Suffolk

IP29 5QY

01284 711578 07900 374504



Oil And Gas Boiler Serving,  
Breakdowns & Maintenance.

Oil and Gas Installations.

Gas landlord Certificates.

Gas Safe including LPG

Natural Gas Registered.

Bathrooms, Plan, Design

and Installation.

Fully Insured.

Free no Obligation Quotations and

Honest Advice.



**303274**

## Mini-Speed Indication Device Project

Worlington Parish Council have successfully received funding for the purchase and installation of a mini-Speed Indication Device (mini-SID) in various locations in the village. This is part of an initiative launched by Suffolk County Council and Suffolk Constabulary to tackle concerns about speeding in villages.

The purchase will enhance local Community Speed Watch (CSW) activities by increasing driver speed awareness as they travel through our village, and provide us with the opportunity to gather additional data on traffic flows and speeds.

The CSW team have identified six key positions to deploy the mini-SID, which would be rotated on a weekly basis. The sign would be set to flash with the vehicle's speed if it was in excess of 30 mph. A full list of the sites are available on the village website.

If anyone has any comments or concerns regarding the chosen sites then please contact the CSW coordinator Nick Foster by email at: [el\\_fozzo69@hotmail.com](mailto:el_fozzo69@hotmail.com).

Nick Foster



**WINDOWS, DOORS & CONSERVATORIES**

**UPVC Windows & Doors  
Conservatories**

**Cladding**

**Fascias**

**Guttering**

**Family Run Business**

**20 Years Experience**

**Call Gary 07889 769131  
or 01638 717448**

Charles Melrose Close, Mildenhall IP28 7BA



## Keep Active Zone



**Karen Stringer  
Personal Trainer**

Mobile: 07747 536153

email: [karenstringer@keepactivezone.com](mailto:karenstringer@keepactivezone.com)

Personal Training within my own private gym  
Free Consultation Level 3 Qualified  
Fitness Programmes designed around your  
goals

Full range of Life Fitness Cardio Equipment  
Concept II Rower  
Free Weights & Studio Equipment



**Based in  
Worlington**

## West Suffolk Services



**Home Assistance Grants help owner occupiers to carry out repairs and improvements to their homes to ensure they are warm, weathertight, safe and secure and have reasonably modern facilities.**

### **What type of works may qualify for a grant?**

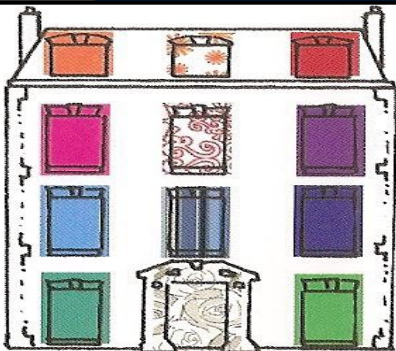
- Works to remove serious health and safety hazards in the property.
- Works to the structure of the property such as walls and external elements including roof covering and windows. Internal services and amenities such as boilers, and electrics where they are in need of replacement or major repair are also included.
- The provision of efficient heating systems and effective insulation where there is none.
- In certain circumstances the improvement of old kitchens (over 20 years) and bathrooms (over 30 years) and improving internal layout.
- Carry out minor adaptations to enable the owner to be discharged from hospital and reoccupy their home.

***If you wish to apply for a grant or require more information please call Debbie Paine on 01284 757036 or email [debbie.paine@westsuffolk.gov.uk](mailto:debbie.paine@westsuffolk.gov.uk)***

Forest Heath & St Edmundsbury councils

**West Suffolk**  
working together

West Suffolk House, Western Way, Bury St Edmunds Suffolk IP33 3YU



**D.J.SHEEN**  
*fine quality decorator*

EST 1989

**07766 763642**

**01284 724337**

## ***Tuesday Coffee Morning*** ***All Saints' Church, Worlington***

Our next one will be Tuesday 28<sup>th</sup> February  
 10:30am - 12:00pm

*Join us for coffee and homemade biscuits*

*Everyone Welcome*

## ***Worlington Village Hall***

**3<sup>rd</sup> February**

Worlie café – Menu

**18<sup>th</sup> March**

Homemade craft fayre – flyers to follow

**24<sup>th</sup> March**

Sausage supper quiz – flyers to follow

### **MENU**

Pea & Mint Soup  
*(Served with crusty bread)*

Chicken pie  
 & french beans

Cheese & veg. Pasty

Homemade cakes

Teas, coffee, cold drinks

**Save the Date: Sunday 13<sup>th</sup> August – Picnic & Duck Race**

### **Festive Family Bingo**

December seems a very distant memory now! The festive bingo was very well attended with some excellent prizes up for grabs. We managed to raise just over £170 for the village hall! Keep your eyes open for more bingo events throughout the year.

### **Winter Warmer Quiz**

A fantastic turnout for our second food quiz. The quizmaster was brilliant as usual and the food, courtesy of Jim and Jean was top quality as always. A very big thank you to everyone who turned out to support us, and to all those who helped with washing up and clearing away afterwards. We raised the amazing sum of £552 for our village hall so thank you again!

For more information on events, or hiring the hall for your own function, please visit [worlington.onesuffolk.net](http://worlington.onesuffolk.net)

# ***All Saints' Church***

**The first of our 2017**

**Quiz Nights**

**with Fish & Chip Supper**

**Friday 10<sup>th</sup> February**

**Worlington Village Hall**

**7.30pm**

**Join us for a great night!**



**Our Quizmaster - Brian Cole**

**Fish & Chips cooked freshly for us by Handy Plaice**

**£10 per person**

**to include coffee**

**Raffle**

**Please bring your own drinks**

**To book a team and order food, please contact:**

**Val: 01638 714336 or Linda 01638 515068**

**By Wednesday 8<sup>th</sup> February please**

**What's on in Freckenham [www.freckenham.onesuffolk.net](http://www.freckenham.onesuffolk.net)**

**Friday, 3<sup>rd</sup> February – Bridget Jones's Baby** 7:30pm. The next chapter of the world's favourite singleton is Bridget is unexpectedly expecting. After breaking up with Mark Darcy (Firth), Bridget Jones's (Zellweger) "happily ever after" hasn't quite gone to plan. Fortysomething and single again, she decides to focus on her job as a top news producer and surrounds herself with old friends and new. For once, Bridget has everything completely under control. What could possibly go wrong? Then her love life takes a turn and Bridget meets a dashing American named Jack (Dempsey), the suitor who is everything Mr Darcy is not. In an unlikely twist she finds herself pregnant, but with one hitch ... she can only be fifty percent sure of the identity of her baby's father. Running time 122 minutes. Bar, popcorn & choc ices!

**Tuesday 7<sup>th</sup> February – Coffee Caravan** visits continue during the winter at the hall 2 – 4 pm free cuppa, chat and advice.

**Friday 24<sup>th</sup> February – Macmillan Mammoth Quiz** 7:30pm. Like the Macmillan World's Biggest Coffee Morning, the quiz will be held at locations all round the country and aims to raise lots of money for Macmillan Cancer Support as well as being lots of fun for those taking part. There's no need to book. You can come as a team, or come along and join others. No entry fee but a donation to Macmillan Cancer Support is requested. Bar available for refreshments. Doors open 7:00pm. Raffle. Any queries call Jacqui on 07770 477688.

**Saturday 25<sup>th</sup> February – Farmers & Crafts Market** 10 – 12 noon - Our regular stalls including bread, honey, preserves and more. Check the website for confirmed stallholders as it does change each month. Refreshments of drinks, bacon rolls & cakes available. Free entry.

**Saturday 25<sup>th</sup> February – Gramophone Theatre**, Creative Arts East return to Freckenham (their previous visit in 2013 with End to End had the audience spellbound with their true tale of John O'Groats to Lands End trip) with Wanderlust. This show brings together a touching assortment of remarkable stories collected in Norfolk and Suffolk. Each armed with a Dictaphone and a pair of wellies, three women began a search to satisfy their lust for adventure. Hunting in forgotten corners of the country they each hoped to bring back the most exciting tale. What they found instead was something better. We hear about a lady with twinkling eyes and her heroic journey of survival, an adventurer lost on Ben Nevis battling against the snow and a man in a wicker chair remembering his dancing days with fondness.

Do check our website <http://freckenham.suffolk.cloud/> is our new village website so check this for updates and more details of our weekly activities. Includes a new Pilates class on a Friday morning. Zumba is on a break until 13<sup>th</sup> March.

tel: **01638 711642** | mobile: **07946 527414**  
email: [contact@blackbirdaccountancy.co.uk](mailto:contact@blackbirdaccountancy.co.uk)  
[www.blackbirdaccountancy.co.uk](http://www.blackbirdaccountancy.co.uk)



**BLACKBIRD**  
accountancy

Blackbird Accountancy is a very personal accountancy firm. Elizabeth Klingaman provides a confidential account and taxation service to small and medium-sized businesses and private individuals.

Having trouble  
with your computer  
or devices ?



*Campbell's*  
**Computing**

Call 07540112801



Thist'le work !

**LawnHopper®**

*Suffolk's lawn treatment service*

*relax...*

*let LawnHopper®  
treat your lawn*

from as little as  
**£15.00**  
per treatment

- Slow release fertilizers
- Weed control
- Moss control
- Core aeration
- Machine scarification

for your FREE lawn survey phone

**0333 6000 304**

'The Grove' Worlington,  
Bury St. Edmunds, IP28 8RU.

[lawnhopper.co.uk](http://lawnhopper.co.uk)

## Worlington Cricket Club Spring Term Training Sessions

Cricket training sessions start back after Christmas on Tuesday 24<sup>th</sup> January and continue through to Tuesday 28<sup>th</sup> March. Following this we will have a short break before starting back outside after Easter....nearly summer!

The post-Christmas sessions will be squad based and broken down for an hour with each age group, as follows:

Under 9 - 5.30pm to 6.30pm.

Under 11 and Under 13 - 6.30pm to 7.30pm.

Under 15 and Under 16 - 7.30pm to 8.30pm.

All sessions will be at the Dome Leisure Centre in Mildenhall.

As always, new players welcome, so please share this and encourage any new players to make contact with me. The first couple of sessions come with no fee and no need to commit.

Fees for the Spring Term are £30.

To book your place please email Adam Gallop at [thegallops@hotmail.co.uk](mailto:thegallops@hotmail.co.uk)

For any questions email Adam, or call on (07752) 704579 or Paul Marston on (01638) 716630.

13-15 Oxford Street, Exning, Newmarket, Suffolk, CB8 7EW

### Are You Avoiding The Dentist?

#### You are not alone

British Dental Association says that 25% of our population suffer from some sort of anxiety before visiting dentist

#### Intravenous sedation can help you

##### Do you:

- Have dental anxiety?
- Have difficulty getting numb?
- Dread your previous bad dental experience?
- Have a bad gag reflex?

If you answered "yes" to any of these questions, Olive Dental Care can help you

Call us today on:

**01638 577031**

[www.olivedentalcare.co.uk](http://www.olivedentalcare.co.uk)

We offer

- Free parking
- Ground floor access
- The latest technology



## Bird Talk - February 2017

In December I mentioned that, for cost reasons, I had changed from using white sunflower hearts to the black un-husked sunflower seeds. The birds were suspicious for a couple of days but were soon gobbling them up as fast as they had done with the hearts. There is the additional mess of course but positioning the feeders where the husks can be forked into the ground is one answer to that.

Having made the change I did a bit of research that I should have done before taking action and came across an interesting difference of opinion. One view is that the black seeds are better for the birds because they are as they are in nature so the birds have to continue to use their beaks for what they are designed to do thus keeping them in good condition. The opposing view is that the hearts are better because the birds don't have to use energy to de-husk them thus have more reserves to ward off the cold nights. My inclination is to stick with the black seeds because they are natural.

I can also report that the cost reduction aim has been achieved as the black seeds are 30% less than the hearts. For years I have got all my bird food from a small independently owned nursery/farm shop near Risby. It is less expensive than large garden centres and there has been no problem with acceptability by the birds. If

*continued*

# ARBORICULTURAL AND LANDSCAPE SOLUTIONS

ALL ASPECTS OF TREE SURGERY  
SOFT AND HARD LANDSCAPING  
MAINTENANCE AND LAWN CARE  
DOMESTIC & COMMERCIAL CONTRACTS  
FULLY INSURED  
NPTC QUALIFIED



# GREEN SCENE

CONTACT FOR FREE QUOTATIONS AND ADVICE

01638 515911 / 07866 866880

INFO@GREENSCENETREESURGERY.CO.UK

you go to Bury via Tuddenham and Cavenham you hit part of the old A11 and almost opposite the lorry weight checking post is David's Place. You could easily miss it if you didn't know it was there.

Ken Lucas told me that bird food is also cheap at Wilkinson's in Mildenhall. However, when I went to get some peanuts they were out of stock of the big bags and buying them in the 4kg bags was far too expensive.

While reading about feeding birds in general I came across another example of experts giving contradictory advice. One national bird charity advises us not to feed peanuts to birds in the breeding season in case young birds choke on the nuts or bits of the nuts. Another national bird charity says that there is no evidence that this happens. Their research indicates that parent birds are pretty smart so do not feed peanuts or bits of peanuts to their young but eat the nuts themselves, thus leaving more local soft food to give to their offspring. I favour the second view and will continue to use peanuts throughout the year.

The point was made that we should always use wire mesh peanut feeders so that the birds can't get hold of a whole peanut on which even an adult might choke. Clearly this is sensible advice.

At the end of the first week in January I had an abortive visit to the mere at Isleham. The temperature was above freezing, there was little wind and although it was dull it was ok for cycling. At this time of year there is usually an uncountable number of teal plus a variety of other birds often including snipe.

The water was as low as I have seen it in winter and almost totally frozen. There were five teal, three mallards, one cormorant plus a lone red shank that I thought was frozen to the ice on which it was standing. Eventually it moved but it did not look a happy bird. Nor were there any fieldfares on the fields or large numbers of starlings flying off and onto the power lines. Two local birders confirmed my view about the water level which they thought was connected with adjustments being made at Denver Sluice. They were worried that there would be no avocets this year. At this point the wind got up and blew hard in my face all the way home thus turning a disappointing outing into a miserable one.

But to end on an up beat note, Mary Tompset tells me that at the beginning of the month she had over fifty fieldfares on her lawn/ small orchard at Willow Farm, Isleham. She leaves apples on the ground to rot for the starlings, who had been eating them, but when the fieldfare flew off there was nothing left – the locusts of the fens!

Finally, on 15<sup>th</sup> November I counted ten chaffinches on the ground under the feeders plus two on the feeders. The sun was out so it was a colourful site; great to see them back in such numbers.

*Don MacBean*

**-VERY CLEAN- N.C.S.**  
**CHIMNEY & PLUMBING SERVICES**



**YOUR LOCAL CHIMNEY SWEEP  
 WE'RE FRIENDLY & WE'RE CHEAP**

- BIRDS NESTS REMOVED
- SMOKE PRESSURE TEST
- OIL & GAS BOILERS
- INSECT MESH, POTS, COWLS
- SOLID FUEL,STOVE FITTED
- FLUE LINERS

**- Competitive Prices -**

**FOR FREE QUOTE CALL ME ON**

**MOB:07824727277 TEL:(01638)662760**

**E-MAIL:NCS.NEWMARKET@YAHOO.CO.UK**

**WWW.ncsnewmarket.co.uk**



**Suffolk Maids**  
*The Housekeeper Register*

**Domestic Cleaning & Ironing Service**

At Suffolk Maids we maintain a fast growing register of reliable local housekeepers who offer cleaning and ironing services to private homes.

**Personal Housekeeper**

**Unique Security System**

**Fully Insured**

All for less than £9.75 per hour.

For further information please call:

**0844 544 9905**

or visit our website at:

**www.suffolkmaids.co.uk**

**K R Sheen**  
**Roofing Services**  
**Mildenhall Suffolk**

- Roof Repairs
- Chimneys
- Guttering
- Leadwork
- Chalk/Flint Wall Specialist

Tel: 01638 510152

Mob: 07867 568225

E-mail: bazsheen@hotmail.com

29 Mulberry Close

Mildenhall

IP28 7LL

**PODIATRIST/CHIROPODIST**

## SUE HART

BSc (Hons), S.R.CH, M.Ch.S

20 years experience with High Risk patients including:

- Diabetics
- Rheumatoid Arthritis
- Peripheral Vascular Disease
- Corns/Callus
- Ingrown Toe Nails
- Thickened Toe Nails
- Gait Analysis/Biomechanics/Orthotics
- Footwear Advice
- Verruca's
- Fungal Infections
- Diabetic Advice and Treatments



Home visits, Daytime and evening appointments

Home: 01638 555187 Mobile: 07710155409

E-mail: susie.harty@googlemail.com

### THE GREENBOX FIREWOOD CO.

Locally-sourced & sustainable, seasoned firewood delivered to your home. Various sized loads available, please contact Ed Lubbock for details:

07847 812513

edward.lubbock@btinternet.com

### CG MOLE CATCHING

From residential gardens to large commercial sites, CG Mole Catching can provide the effective and efficient answer to your mole problem.

Registered with the BTMR, all work is fully insured, please contact Ed Lubbock for details:

07910 019716

edward.lubbock@btinternet.com