



Worlington Pump

December 2016 - January 2017

Special Christmas Services All Saints Church

Carols by Candlelight

followed by

Mulled Wine & Mince Pies

Friday December 16th

7:30 pm

*Join us for this lovely service of
Christmas readings and carols*

Christingle & Crib Service

Sunday December 18th

11:00 am

*A special family service for Christmas and an
opportunity to make your own Christingle to take home*

Midnight Mass

Christmas Eve, Saturday December 24th

11:30 pm

The Best Gift of All

So another Christmas is coming, and once again for families everywhere the pressure is on to make it the most wonderful and memorable one ever. Yet for many people the season of goodwill can be just the time when tensions rise and family members fall out with one another. So perhaps this is a good time of year to think about the tricky subject of forgiveness.

I know of two cousins who had not spoken to each other for years after an argument in which each thought they were in the right. Both were so hurt that each vowed they could never forgive the other – unless the other apologised. The problem was that neither thought there was anything for them to apologise for, and so the situation festered on, year after year. Hurt and bitterness and heels dug in; an impasse. Eventually, a third family member died. As the funeral was being arranged each cousin vowed they wouldn't attend if the other was there. The impasse held; the bitterness was compounded.

Does any of this sound familiar? Sadly it's all too easy to find ourselves at some time or other in a kind of stranglehold where we are so sure that we are right that we simply will not budge. If the other party is also sure they are right, nothing but misery can follow. What's to be done? The two cousins each made the fundamental mistake of thinking that it was up to the other to take the initiative, meaning that no movement or healing was possible.

However Jesus had a radical solution which is well worth trying, and it's this: Are you in the right? Are you certain? Then be the one to forgive – simply let it go. How many times? As many times as it takes. Yes, it takes a strong person to be able to take this step, but if you can do it: wow! Suddenly miracles of love and reconciliation become possible. I promise you I've seen it happen many times. Pain turns to tenderness, tenderness to love and love to smiles and laughter. Joy returns to a seemingly impossible situation. It really works.

Who do you need to forgive? Dare you do it, even while you are sure you are right and they are wrong? If you can, you will be giving the best Christmas gift of all, the one we sing about in Christmas carols: peace on earth and goodwill to all people. Go on – make it the most memorable Christmas ever!

Wishing you all a wonderful Christmas and New Year

Sandie

Date for copy for the next edition by: **Saturday 21st January 2017.**

Please send articles to rob@garry.me.uk or ellen.clowes@btinternet.com. Thanks.

All Saints Church Services December 2016 - January 2017

December 2016

Sunday 4 th	11:00 am	Holy Communion
Sunday 11 th	11:00 am	Messy Church (Worlington Village Hall)
		No Evensong
Friday 16 th	7:30 pm	Carol Service
Sunday 18 th	11:00 am	Christingle & Crib Service
Saturday 24 th	11:30 pm	Midnight Communion
Sunday 25 th	9:30 am	Christmas Service (St. Mary's, Barton Mills)
	10:30 am	Christmas Service (St. Peter's, West Row)
	11:00 am	Christmas Service (St. Andrew's, Freckenham)

January 2017

Sunday 1 st	11:00 am	Holy Communion
Sunday 8 th	11:00 am	Messy Church (Worlington Village Hall)
		No Evensong
Sunday 15 th	8:00 am	Holy Communion
Sunday 22 nd	11:00 am	Family Service
Sunday 29 th	10:00 am	Joint Service (St. Andrew's, Freckenham)

Priest in Charge	Rev. Sandie Barton	01638 720048
Elder	Heath Rosselli	01638 717337
Churchwarden	Mrs Shirley Reeder	01638 716096
Treasurer	Mr Rob Garry	01638 715611

Flowers

December & January - Poinsettias Mrs A. Thornalley

Contacts for the Pump

Val McClure	01638 714336
Doreen Hubbard	01638 712688
Ellen Clowes	01638 712043
ellen.clowes@btinternet.com	

Advertising Rates

£60 per ½ page per annum
£30 per ¼ page per annum

Worlington Village Hall

9th December - Worlie café, 11:30am - 2pm

9th December - Festive Family Prize Bingo

6th January - Worlie café, see notice board nearer the time for the menu

20th January - Winter Warmer Quiz, Hearty Beef Stew, Cheese Scones & Crusty Rolls

Festive Family Bingo & January Quiz

Separate information flyers will be circulated for these two events

Village Hall Committee Vacancies

We currently have two vacancies on the VHC. We are looking for enthusiastic, hands on people who are willing to help us with fundraising ideas. As well as helping out with the successful regular events we already run. The VHC also work together with the Parish Council to make improvements where possible to the fabric of the hall. Anyone interested should contact Nick Foster on 07495 764609 or el_fozzo69@hotmail.com

Lastly, the Village Hall Committee would like to wish you all a Merry Xmas and Happy New Year!

For more information on events, or hiring the hall for your own function, please visit worlington.onesuffolk.net.

Reg. Charity No. 208949



Worlington Speedwatch Scheme

As some of you may be aware, Sue Dampier, who was the co-ordinator for the village scheme will be moving out of the village in the new year. She has done a fantastic job since taking on the role and I would like to take this opportunity to thank her on behalf of all the Parishioners. As her deputy I have now decided to step up and take over from her.

Being in full time work and having a young family I am however limited to the number of surveys I can conduct. I am looking for someone, whether they are already part of the village scheme or wish to sign up, that would be willing to act as my deputy. This would basically involve conducting traffic surveys with other volunteers at the other locations throughout the village.

Anyone who may be interested, or would like a bit more information can either contact Nick Foster on 07495 764609 or visit the village website to read more about it: worlington.onesuffolk.net

Action for Swifts ends the year on a high

This year has proved to be very successful for "Action for Swifts". Not only has Worlington Church had a bumper year; producing in excess of sixty swift chicks, my own nest boxes have again produced four healthy chicks and I have rehabbed and released nearly forty swifts coming to me from as far afield as Minsmere and Stamford. All in all Worlington has made a wonderful contribution this year to a species in serious decline.

In September AfS once again had a stand at Bird Fair; an event held annually over three days at Rutland Water and the largest of its kind in Europe. Our stand created a lot of interest with many swift boxes and much swift paraphernalia sold and much interest shown and advice given to visitors from all corners of the UK. Among those visitors was Mike Clarke, chief executive of RSPB and a very enthusiastic Chris Packham co-presenter of Spring and Autumn Watch. Much interest was shown in the launch of the Manthorpe brick; accommodation for swifts that can be incorporated in new builds. For more information on this and an update of our many other projects see our blog: actionforswifts.blogspot.co.uk. Much to our surprise we were awarded second prize in "Best Stand Awards 2016 for Conservation".

On the right, Dick Newell explains the finer points of the Manthorpe swift brick to Chris Packham.



November brought yet more accolades when Dick Newell and AfS were invited to London to receive the Marsh award for Innovative Ornithology. The awards are chosen by the British Trust for Ornithology, and we were one of 5 recipients introduced by Andy Clements, BTO Director, and presented by Professor Dame Georgina Mace at the Society of Wildlife Artists Natural Eye Exhibition at the Mall Galleries. It was a wonderful evening enjoyed by us all and so nice to see our efforts being acknowledged.

continued



Marsh award winners from left. Helen Hodgson, Jake Allsop, Judith Wakelam, Dick Newell, Vida Newell, Bob Tonks, Rowena Baxter and Bill Murrells. Photo Nick Caro.

As swift numbers continue to decline, there is still much to do, more swift champions are needed to fight their corner in 2017, but the progress we have made this year has galvanised us all and we look forward to yet more success in the coming year.

Judith Wakelam.

Bird Talk - December 2016

The Dean of St. Edmundsbury Cathedral, the Rev Dr Francis Ward, has recently been appointed the diocesan Environmental Officer. On 16th November she talked to the Synod members of Mildenhall Deanery and it was clear that she has taken up her new role with relish and energy.

She is a smart lady in both appearance and mind and I predict that she will make an impact within the Church and the wider community. She started by reading many of Donald Trump's quotes on the environment. Of course we were familiar with most of it but hearing it all put together in one lump was scarifying. At the top of his agenda for his first hundred days is removing the promised US funding for global climate control and greatly reducing pollution regulations on American companies. This will release all sorts of horrors. I can hardly believe that this is actually happening, but it is.

Our daughter in California tells us that there has been an immediate and huge groundswell of opposition to the plans so I hope that Trump will not get it all his own way in the West.

continued

Dr Ward emphasised that it was even more important for us, as individuals and parishes, to take action to protect our environment locally, nationally and internationally. I know many of you already feed your birds but if you don't that is a good way to start and it has an immediate impact. Also, if you are not already a member of the Suffolk Wildlife Trust (SWT) please join as they do excellent work.

She said something else that I agree with but isn't perhaps so obvious. She had recently met Sir David Attenborough in connection with an initiative by the SWT. She is full of admiration for his work and joins the rest of us in being thrilled by the views of rare wildlife from all over the globe. However, she wondered if being able to sit in our nice warm rooms watching riveting pictures that probably took months to film might deter us from going out and personally engaging with our own local wildlife. Your own garden, or the river Lark, may not be as exotic as the jungle in Papua New Guinea but it can be exciting with the possibility of otters, owls or kingfishers and it is certainly more reachable. Also, you can get the satisfaction of actually enjoying the real world while possibly doing some good as well.

Now, here is some welcome news. After much work which started back in 1997 the RSPB have saved the Cirl bunting from near extinction in the UK. It is related to the yellowhammer and looks quite like it but with striking black and yellow stripes on its head. They had been reduced to a small colony in Devon but now they have been established in a part of Cornwall as well so well done to the RSPB.

Winter has brought great changes to my garden/churchyard birds. The numbers have increased so the feeders need replenishing more frequently and I started putting out fat balls again in mid November, all of which is expensive. But I am about to take action to reduce the cost.

The goldfinch is one of the few species to thrive and increase significantly in recent years. Earlier this year the BTO, in an attempt to find the reasons for the increase, conducted a feeding survey amongst their Garden Bird Watch members. It was no surprise to me that their favourite food had changed dramatically from nyger seed to sunflower hearts. The white sunflower hearts that I have been using are gobbled up rapidly by the goldfinches and most of the other feeder birds as well.

So, on the advice of a birding friend I am about to change to the unshelled black sunflower seeds that are considerably less expensive. The discarded husks do make a mess on the ground but I have decided to try forking them into the ground and see what happens. I will report in the next Bird Talk.

Finally, on 15th November I counted ten chaffinches on the ground under the feeders plus two on the feeders. The sun was out so it was a colourful site; great to see them back in such numbers.

Happy Christmas
Don MacBean

Tuesday Coffee Morning

No coffee morning in December, but we wish all our regulars a very Happy Christmas and look forward to seeing you again at our next one on

January 26th 2017

10:30am - 12:00pm

Join us for coffee and homemade biscuits

Quiz Night

A very big thank you to everyone who attended our November quiz night. It was a great evening and as always, a huge thank you to Brian Cole, our quiz master for all the hard work he puts into this event and the fun too! Also, to Linda for her help and support, to Kenny for running the raffle and to Ellen for making everyone coffee.

We had wonderful raffle prizes, thank you to all who donated them and to the kind people who help with tables and chairs. This help really is appreciated.

Congratulations go to the winning team, 'Pig Ignorant' and we look forward to seeing you all again on December 2nd

Thank you for your continued support and generosity.

Proceeds to All Saints Church.

Flower Rota

Thank you to all the ladies on the Church Flower Rota for wonderful floral arrangements throughout the year. It's always a pleasure to go into All Saints and find the loveliest flowers and they are never the same! We always look forward to the special seasons, Easter and Harvest particularly when the church is alive with colour.

If you would like to be on the rota or help when we need an extra arrangement, please contact Ann 714873 or Val 714336.

We would love to hear from you.

All Saints' Church
**The first of our 2017 Quiz Nights
with Fish & Chip Supper**

Friday 10th February

Worlington Village Hall

7.30pm

Join us for some fun!



Quizmaster Brian Cole

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£10 per person

to include coffee

Raffle

Please bring your own drinks

To book a team and order food, please contact:

Val: 01638 714336 or Linda 01638 515068

By Wednesday 8th February please

It's not too late to book for 2nd December

Please contact:

Val: 01638 714336 or Linda 01638 515068

By Wednesday 30th November please

What's on in Freckenham www.freckenham.onesuffolk.net

No December Freckenham Film Night

Tuesday 6th December: Coffee Caravan 2 - 4pm, free cuppa, chat & advice.

Monday 12th December: Coffee & Carols 2:30 - 3:30pm at the hall

Wednesday 14th December: Christmas Farmers & Crafts Market 7 - 9pm, with seasonal produce, meat, cheese, honey, eggs, preserves & pickles, extra food & crafts, Christmas gifts and treats at the market. Mulled wine & mince pies as well as bar, hot drinks and cake!

Friday 6th January: Ken Loach's latest film "I, Daniel Blake" (2016) took home the most prestigious film award of the year, Palme d'Or, at Cannes during the summer of 2016. Daniel Blake (59) has worked as a joiner most of his life in Newcastle. Now, for the first time ever, he needs help from the State. He crosses paths with a single mother Katie and her two young children, Daisy and Dylan. Katie's only chance to escape a one-roomed homeless hostel in London has been to accept a flat in a city she doesn't know, some 300 miles away. Daniel and Katie find themselves in no-man's land, caught on the barbed wire of welfare bureaucracy as played out against the rhetoric of 'striver and skiver' in modern day Britain. Running time 100 minutes. Bar & Popcorn. 7 for 7:30pm start.

Tuesday 10th January: Coffee Caravan 2 - 4pm, free cuppa, chat & advice.

Saturday 28th January: Farmers & Crafts Market 10 - 12 noon, with seasonal produce, meat, bread, cheese, pies, honey, eggs, preserves & pickles and crafts at the market. Cuppa, cakes & bacon rolls too.

February Film – Bridget Jones's Baby! Wishing you all a Happy Christmas and a Healthy & Peaceful 2017 from everyone in Freckenham.

Further details for these and all our weekly activities are on our website.

Used Stamps

With Christmas coming many of us will be receiving more post than usual so I am making my usual appeal for people to save used stamps. I am very grateful to those who save them all year round and appreciate not everyone has the time to spend on such a fiddly job.

However, a reminder that they can be put through my letter box, 30 The Street, opposite the Village Hall, left in church or I will collect them if you ring 712688. Charities which have benefited in the past are "The Children's Society", "Leprosy Research", "Guide Dogs for the Blind" and "Cancer Research".

Thanks, *Doreen Hubbard*.

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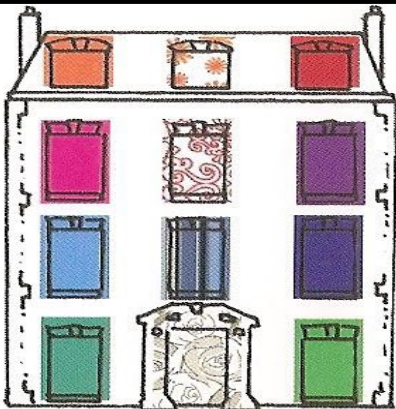


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£2 per person, teams up to 5 people. winning team gets to choose which charity gets the pot!!!

Friday - Fish & Steak Night

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